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Think about your family of origin. Ask God to help you become aware of some of the relational patterns you have learned over time. What are some good patterns? What might be a challenging, not-so-good relational pattern you need to ponder? Ask God to bring awareness and clarity to what He desires you to see, learn and begin to change through this series.

Think of your primary relationships and ask yourself these questions:

Am I patient?

Am I kind?

Do I envy?

Do I boast?

Am I arrogant?

Am I rude?

Do I insist in my own way?

Am I irritable?

Am I resentful?

Simply knowing what we need to do in our relationships is not enough. It takes intentionality to seek God in this area, first asking Him to help us take the steps we need to take and then actually taking those steps in real time. What are some next steps you can take to help make your relationships as healthy as possible?

Think about your relationship with Christ. How has your relationship with Him changed who you are in your other relationships?

One at a time, choose one of the "one another" verses below. For each verse, list some simple ways you can demonstrate these principles.

READ: Romans 12:10 READ: Romans 14:13 READ: Romans 15:5